# WE ARE BROOKDALE

#### INDEPENDENT LIVING

Independent living offers a safe and secure setting for active, independent seniors. Brookdale communities provide meals, housekeeping, transportation and scheduled recreational activities. We enable seniors to trade in the difficulties of home maintenance for a focus on personal wellness in a lively engaging social environment.

#### ASSISTED LIVING

Brookdale assisted living communities provide residents with daily activities and basic support, such as meals, transportation and recreation. Trained caregivers assist with services like medication management, bathing and dressing, as well as coordinate services with outside providers. Our individualized care plans provide an ideal blend of convenience and support with respect for every individuals needs.

## ALZHEIMER'S AND DEMENTIA CARE

Brookdale Clare Bridge was created more than 25 years ago. It continually embraces the latest research in dementia care, coupled with the experience that comes from caring for thousands of people with dementia. The staff helps residents experience success everyday by offering opportunities for residents to find happiness and meaning. A gentle daily structure is provided to help maintain their abilities and encourage use of current skills.

## REHABILITATION & SKILLED NURSING

Brookdale's skilled nursing and rehabilitation centers provide the highest level of customized 24/7 nursing care for an individual's physical, social & psychological needs. A licensed physician supervises each resident's services such as speech, occupational and physical therapy. As residents' conditions progress, our staff

works with their families and physicians to transition them to home or the most appropriate care setting.

### **THERAPY**

Brookdale Therapy offers our company's propriety CARE 3 Program, which includes individualized care services based on rehabilitation, fitness and education. On-site services include Medicare-certified physical, occupational and speech therapies, and even massage therapy, yoga and personalized training programs.

#### HOME HEALTH

Brookdale Home Health is Medicare certified and provides services with a doctor's order either in a private home or in a resident's Brookdale home. Individualized care plans help assure the patient's safety within their home, through nursing management, therapy intervention, safety training and education.

#### PRIVATE DUTY NURSING

Personalized Living and Brookdale at Home are cost effective, convenient solutions that offer personal support for a range of day-to- day tasks. Each person's needs are met whether it is with oncierge services, medication management, supportive nursing care or companion support. Whether the assistance is routine or occasional, most services are available seven days a week and can begin within 24 hours.

## **BROOKDALE HOSPICE**

Brookdale Hospice provides an individualized program of physical, emotional and practical care for the patient with emphasis on pain control and symptom management. We emphasize caring, comfort, dignity and respect. We believe that centering our focus on both the patient and the family enables us to provide the best care for everyone involved.

#### TAKING CARE OF EVERYONE

Our team serves the following rehabilitation and skilled nursing needs:

- Post-operative care
- Cardiopulmonary care
- CVA/stroke
- Orthopedic-related injuries
- Dysphagia incorporating VitalStim® therapy
- Conditioning/strengthening
- Wound care
- Pain management
- Neurological disorders
- Balance/vestibular rehabilitation
- Prosthetic training
- Community re-entry and home assessment

# **DENVER AREA BROOKDALE® COMMUNITIES**



Call today or visit brookdale.com to learn more about a community near you.





brookdale.com